



ASSIST
2GETHER

ENERGY DIARY



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MY ELECTRICITY DIARY

	Week (Record the date the week begins on as marked on your IHD. For example, if the week starts on Monday 2 November 2015 record 2/11/15 in the space below.)	Cost (€)
EXAMPLE	2/11/15	12.98 €
1.		
2.		
3.		
4.		
5.		
6.		

	Month	Cost (€)
EXAMPLE	OCTOBER	50.13 €
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		

My [select: daily / weekly / monthly] electricity budget for [record month]
 _____ is € _____

My top two electricity saving actions to help meet this budget are:

1. _____
2. _____

MY GAS DIARY

	Week (Record the date the week begins on as marked on your IHD. For example, if the week starts on Monday 2 November 2015 record 2/11/15 in the space below.)	Cost (€)
EXAMPLE	2/11/15	17.98 €
1.		
2.		
3.		
4.		
5.		
6.		

	Month	Cost (€)
EXAMPLE	OCTOBER	70.03 €
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		

My [select: daily / weekly / monthly] electricity budget for [record month]
_____ is € _____

My top two electricity saving actions to help meet this budget are:

1. _____
2. _____



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COMPROMISO COMÚN POR LA ENERGÍA

